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What Did We Learn From IMS 3?

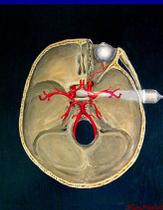
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Why do we need IA Approaches?
Recanalization & Reocclusion post IV rt-PA:
63 Patients with MCAO
UT-Houston TCD Data, Courtesy of James Grotta

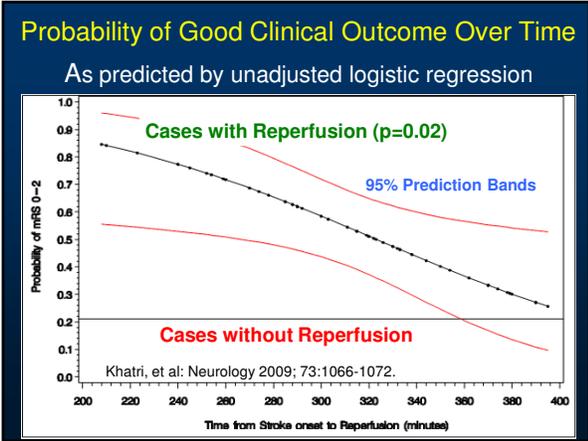
- No recanalization = 27%
- Partial recanalization = 33%
- Complete recanalization = 18%
- Reocclusion = 22%
- Sustained recanalization rates:
12% at 60 & 120 min w/o ultrasound



Beyond IV or IA Treatment Alone

- More effective acute recanalization strategies are needed
- IA seems to help more severe strokes and larger clot burdens better than IV
- How to get the best of both worlds – IV and IA?
- “Bridge” with IV during preparation for IA
–What dose?





- April 18, 2012**
- The Interventional Management of Stroke 3 (IMS 3) trial, comparing IV t-PA alone vs combination t-PA & IA therapy using either IA t-PA or mechanical thrombectomy in stroke patients suspended enrollment after crossing a pre-specified interim analysis threshold = even if the study continued, it would not produce the hypothesized result: that combination therapy is superior to IV t-PA alone
 - Futility, not major safety concerns



IMS 3 Primary Aim 

- Whether a combined IV & IA approach to recanalization is superior to standard IV t-PA alone when initiated within 3 hrs of acute ischemic stroke onset
- Powered to detect a 10% absolute difference between the 2 groups with N = 900
- 2:1 randomization IV/IA : IV alone, 50+ sites
- Final sample size ~ 587 (~ 65% of planned)
- Dichotomized baseline NIHSS (< 20 / ≥ 20)
- Estimated 40% rate of mRS 0-2 with IV t-PA

Design 

- Consent/randomization prior to/anytime up to 40 min after IV bolus. If, at 40 min time point, no consent obtained/randomization not completed, the patient was no longer eligible for enrollment.
- After consent, the IV/IA group → immediate angiography. If no clot: no more treatment.
- If clot: interventionalist chose from currently available, trial-defined, IA tx approaches: the tx they felt would be most effective in attempting to reopen the blocked artery. Choice of approach based on lesion, experience/training, & specified use of devices
- IA tx to be started < 5 hrs & completed <7 hrs of symptom onset.

Design

- Clinical Inclusion Criteria: Age 18 - 82 years
- Initiation of IV t-PA < 3 hours of onset of stroke symptoms
- An NIHSS ≥ 10 at time IV rt-PA is begun or NIHSS >7 & <10 with an occlusion seen in M1, ICA, or BA on CTA at institutions where baseline CTA imaging is standard of care for acute stroke
- Exclusion: Baseline CTA w/o evidence of an arterial occlusion (~ 1/2 without baseline CTA)
- The trial did not require baseline CTA imaging, if CTA is routinely performed prior to IV t-PA lesion information obtained was used to satisfy this exclusion

- Drug: IA t-PA (Investigational)
- **Devices:**
- Standard Microcatheter Infusion (all commercially available models)
- EKOS Micro-Infusion (NeuroWave Infusion) System
- Concentric Merci® Retriever (all FDA approved commercially available models)
- The Penumbra System™ (all FDA approved commercially available models)
- Solitaire™ FR Revascularization Device (investigational in the US, Canada & Australia)



Primary Outcome Measures

- Efficacy: modified Rankin Scale score: dichotomized to 0-2 vs >2 at 3 months from randomization
- Safety: Death due to any cause within 3 months
- Presence of symptomatic ICH within the first 24 (+ 6) hrs



Secondary Outcome Measures

- Barthel Index, NIHSSS & Trail Making Test at 3 months
- Early response to treatment as determined by NIHSSS of 0-2 at 24 hrs from randomization
- Dichotomized mRS score (0-2) vs > 2 at 6, 9, & 12 months from randomization
- Incidence of parenchymal Type II (PH2) ICH and any asymptomatic ICH as determined by head CT scan obtained within the first 24 (+ 6 hrs) of randomization



Perspective

- The earlier single-arm IMS 1 & IMS 2 trials (along with the Penumbra trial and the French RECANALISE study) demonstrated a strong relationship between time to revascularization & good functional outcome at 3 months. In IMS 1 & 2, revascularization > 6 hours resulted in outcomes similar to no revascularization.
- IMS 3 randomized after initiation of IV t-PA not always with knowledge of vessel status – dilution effect of reperfusion therapy

- 3 Embolectomy devices are approved by the FDA as reperfusion options: MERCI (cleared in 2004), Penumbra (cleared in 2007), & Solitaire (cleared in March 2012).
- IV t-PA has been established in trials looking at clinical outcomes vs placebo, whereas embolectomy has evidence from only single-arm studies, due to different regulatory approval criteria for drugs vs devices.

Successful recanalization (TIMI 2 or 3) in all treatable vessels: VA, BA, ICA, MCA (M1/M2) (Raychev & Saver 2012)

Device type	Trial	Baseline NIHSS	Successful recanalization%	SICH%	Independent outcome at 3 mos.	Mortality at 3 mos.
Coil retrievers	Multi-MERCI	19	54	9	36	31
	SWIFT	17.5	48	11	33	38
Aspiration	Penumbra	17	NR	11	25	33
Stent retrievers	SWIFT	17.5	83	2	58	17

- To date, mechanical embolectomy devices have been cleared by the FDA & are recognized in national treatment guidelines as tools rather than treatments.
- Devices can remove clots, but we need to prove that they improve patient outcomes compared with standard therapy
- Optimal imaging protocol?
 - CT (with ASPECTS?) , MR (DWI/PWI)
- MR RESCUE & START
- ? Subgroups to study in a more focused way

- Reimbursement & ready availability of the devices have likely influenced enrollment in randomized trials
- Khatri et al (AAN 2012): use of mechanical embolectomy almost doubled in the US from 2008 – 2010
 - Practice changes in the US, with more specialists being trained to use the devices & becoming much more comfortable with them
 - Hospitals, not just physicians, get reimbursed for the procedure, which could be an additional factor driving their use.
 - The rising use of mechanical embolectomy may partially explain the difficulties that researchers have encountered in recruiting for randomized trials that investigate mechanical-embolectomy therapy.
 - Procedures/therapies getting ahead of the evidence



- What did we learn?
- IV t-PA dose (2/3 vs. full)
 - Technology advances faster than trials
 - IMS 3 amendments to add Penumbra, Solitaire, so these subgroups will be relatively small
 - Possible dilution effect of recanalization rates when not consistently knowing vessel patency at time of randomization: 1/2 w/o CTA
 - Definitive data regarding the efficacy of mechanical thrombectomy devices in improving final outcome over medical therapy alone awaits the conclusion of ongoing trials



Lessons learned (continued)

- Most IV/IA subjects treated with IA t-PA rather than mechanical thrombectomy
- Very small group treated with the most technically efficacious device class – the stent retrievers
- Trial included subjects with no occlusions or small distal occlusions less likely to benefit from mechanical retrieval
- Safety was not the basis for trial stoppage and newer devices appear to have even lower (2-4%) Sx ICH rates

- IMS 3, with enrollment beginning in 2006, was the *first* phase 3 randomized trial testing interventional IA tx against IV t-PA within 3 hrs of stroke onset.
- For IA tx, we are somewhere analogous to the IV trials prior to the completion & results of The NINDS rt-PA Stroke Trial – multiple negative studies that led to refined protocols/approaches, time windows, different thrombolytics, & patient selection criteria until we hopefully will have a positive trial soon.

ISC 2013

- Feb 7: Full session on IMS 3 – Results & Perspectives (Lyden & Lees, moderators)
- IMS 3 Overall results & major subgroups (baseline NIHSS, time to IV t-PA, time to groin, baseline CT ASPECTS, and age) - Broderick
- Comparison of outcomes between IV & IV/IA approaches in subjects with baseline CTA showing ICA, M1, M2, & BA occlusions - Demchuk
- Comparison of outcomes by IA approach (Concentric Retriever, Penumbra, IA t-PA, Solitaire Retriever) & Interpretation in light of comparative trials – Tomsick
- The role of endovascular treatment in international healthcare systems: Global variations in the standard of care – Davis
- The future for randomized trials of endovascular approaches to AIS - Muir

IA Trial Landscape 

- **COMPLETED AND RESULTS PENDING**
 - Italy - **Synthesis** (n=350)
 - US - **MR Rescue** (n=120)
- **ONGOING**
 - Netherlands - **MR CLEAN** (n=500) - started 4/2010
 - France - **THRACE** (n=480) – started 6/2010
 - Penumbra – **THERAPY**/US & Europe (n=692) – started 8/2012
 - UK - **PISTE** (n=400) – just started
 - Australia - **EXTEND IA** (n=100) – just started
- **UPCOMING**
 - Covidien and others – **ESCAPE**/Canada (n=250)
 - Covidien - **SWIFT PRIME**/US & Europe (n=800)
 - Covidien - **REVASCAT**/Spain (n=400)
 - J&J – **RIVER**/Europe (and future US) (n=?)
 - DFG – **TOMERAS**/Germany (Leipzig) (n=614) (proposed)

Courtesy of P. Khatri

The Onion Magazine
MARCH 11, 2007

COULD THIS ASTEROID SOLVE GLOBAL WARMING, IRAQ, AND POVERTY?

And eradicate moderate to severe stroke?



A SPECIAL REPORT BY ALEX DRAKE PAGE 29
